



The Long Term Plan



Published January 2019 Response in autumn (draft September, final November):

- Optimal care setting eg digital consultations
- System infrastructure eg single CCG, Primary Care Networks
- Tackling prevention and health inequalities
- Outcome improvements (maternity, cancer, cardiovascular disease, respiratory, mental health, autism etc.)
- Workforce
 Digitally enabled care
- Sustainable finance

The Long Term Plan

1. Start well

Giving every child and family the best possible start, and supporting those with chronic and/or complex needs



Creating a positive place to live in, and providing proactive and holistic support to those who need it

3. Age well

Building communities that support people to remain independent as they grow older and provide genuinely integrated care

a. Primary prevention, community action & self-care



b. Integrated community models of Pop Health Mgmt.



c. Specialist services and provider networks















The NHS's "National Offer" in the Long Term Plan

a. Primary prevention, community action & self-care

b. Integrated community models.

c. Specialist services and provider networks

1. Start well

Giving every child and family the best possible start, and supporting those with chronic and/or complex needs

- Maternity
 - · Reducing deaths
 - Smoking
 - Perinatal Mental Health
 - Personalisation
- Mental Health in schools
- Immunisation

- Children
 - Mental health
 - Asthma
 - Autism
 - LD

- Neonatal networks
- · Children's cancer
- Children with diabetes and epilepsy
- Tier 3 and 4 CAMHS access standards
- Move to 0-25y services
- Congenital heart disease

2. Live well

Creating a positive place to live in, and providing proactive and holistic support to those who need it

- Smoking cessation
- Alcohol Support
- Detection of high blood pressure, Atrial Fibrillation
- Diabetes Prevention
- NHS health checks
- Screening for cancer

- Diagnosis of COPD Mental health
- Faster cancer diagnosis
- IAPT
- Suicide prevention
- Social prescribing

- Rapid diagnostic centres
- Radiotherapy upgrades
- Personalised care
- Stratified follow up
- Precision medicine
- Crisis mental health
- Community mental health standards

3. Age well

Building communities that support people to remain independent as they grow older and provide genuinely integrated care

- Detection and prevention of frailty
- Enhanced care in care homes
- Population based health management
- Cardiac and pulmonary rehab
- Stroke and neuro-rehab
- Community rapid response

- Stroke thrombectomy
- Acute frailty units
- NHS App and 111/999 as the single point of access to the urgent care system





How the Long Term Plan fits

The Vision for London

What it is and what is isn't

National plan for the NHS voted set by Parliament

The Mayor commissions police, transport, fire & has a statutory duty to publish a Health Inequalities

Strategy

1.5-2m people

The NHS Long Term Plan

The London Vision represents the small but significant things that councils, the Mayor, the NHS and PHE will work on together at a London level

STPs are partnerships who work together to govern the common resources available to health and care organisations covering populations of

Integrated care involves the local council and local CCG team planning, commissioning, delivering and regulating to improve the social, economic, environment and health of their borough of ~250k residents





Next steps in SE London

- 12 engagement events (6 X borough, 6 X topic focus)
- A London chapter (working with other STPs, GLA and London councils)
- Lots of templates(!)
- A coherent narrative about collaboration leading to sustainable high quality clinical outcomes for local residents which are affordable.
- Local authorities as key partners and a narrative that is place based and goes beyond health