

The Long Term Plan

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Response in autumn (draft September, final November):

- Optimal care setting eg digital consultations
- System infrastructure eg single CCG, Primary Care Networks
- Tackling prevention and health inequalities
- Outcome improvements (maternity, cancer, cardiovascular disease, respiratory, mental health, autism etc.)
- Workforce
- Digitally enabled care
- Sustainable finance



The Long Term Plan

a. Primary prevention, community action & self-care

1. Start well

Giving every child and family the best possible start, and supporting those with chronic and/or complex needs



b. Integrated community models of Pop Health Mgmt.



c. Specialist services and provider networks



2. Live well

Creating a positive place to live in, and providing proactive and holistic support to those who need it



3. Age well

Building communities that support people to remain independent as they grow older and provide genuinely integrated care



The NHS's “National Offer” in the Long Term Plan

	a. Primary prevention, community action & self-care	b. Integrated community models.	c. Specialist services and provider networks
<u>1. Start well</u> Giving every child and family the best possible start, and supporting those with chronic and/or complex needs	<ul style="list-style-type: none"> • Maternity <ul style="list-style-type: none"> • Reducing deaths • Smoking • Perinatal Mental Health • Personalisation • Mental Health in schools • Immunisation 	<ul style="list-style-type: none"> • Children <ul style="list-style-type: none"> • Mental health • Asthma • Autism • LD 	<ul style="list-style-type: none"> • Neonatal networks • Children's cancer • Children with diabetes and epilepsy • Tier 3 and 4 CAMHS access standards • Move to 0-25y services • Congenital heart disease
<u>2. Live well</u> Creating a positive place to live in, and providing proactive and holistic support to those who need it	<ul style="list-style-type: none"> • Smoking cessation • Alcohol Support • Detection of high blood pressure, Atrial Fibrillation • Diabetes Prevention • NHS health checks • Screening for cancer 	<ul style="list-style-type: none"> • Diagnosis of COPD • Mental health • Faster cancer diagnosis • IAPT • Suicide prevention • Social prescribing 	<ul style="list-style-type: none"> • Rapid diagnostic centres • Radiotherapy upgrades • Personalised care • Stratified follow up • Precision medicine • Crisis mental health • Community mental health standards
<u>3. Age well</u> Building communities that support people to remain independent as they grow older and provide genuinely integrated care	<ul style="list-style-type: none"> • Detection and prevention of frailty • Enhanced care in care homes 	<ul style="list-style-type: none"> • Population based health management • Cardiac and pulmonary rehab • Stroke and neuro-rehab • Community rapid response 	<ul style="list-style-type: none"> • Stroke thrombectomy • Acute frailty units • NHS App and 111/999 as the single point of access to the urgent care system

How the Long Term Plan fits

The Vision for London

What it is and what is isn't



Next steps in SE London

- 12 engagement events (6 X borough, 6 X topic focus)
- A London chapter (working with other STPs, GLA and London councils)
- Lots of templates(!)
- A coherent narrative about collaboration leading to sustainable high quality clinical outcomes for local residents which are affordable.
- Local authorities as key partners and a narrative that is place based and goes beyond health